

RNAV Hold Coding Tables

GLASGOW STIRA Hold

Designator	Sequence Number	Path Terminator	Waypoint Name	Co-ordinates	Fly-over	Course/Track °M (°T)	Magnetic Variation	Distance (NM)	Turn Direction	Level Constraint	Speed Constraint	Navigation Performance
STIRA	-	-	STIRA	560802.11N 0035000.98W	Y	234° (232.2°)	-1.6	4.0 NM	RIGHT	-FL140 +FL070	-230	RNAV5

GLASGOW LANAK Hold

Designator	Sequence Number	Path Terminator	Waypoint Name	Co-ordinates	Fly-over	Course/Track °M (°T)	Magnetic Variation	Distance (NM)	Turn Direction	Level Constraint	Speed Constraint	Navigation Performance
LANAK	-	-	LANAK	554200.87N 0035618.64W	Y	303° (301.0°)	-1.6	4.0 NM	RIGHT	-FL140 +FL070	-230	RNAV5

GLASGOW FYNER Hold

Designator	Sequence Number	Path Terminator	Waypoint Name	Co-ordinates	Fly-over	Course/Track °M (°T)	Magnetic Variation	Time (MIN)	Turn Direction	Level Constraint	Speed Constraint	Navigation Performance
FYNER	-	-	FYNER	560256.12N 0050655.19W	Y	117° (115.7°)	-1.6	1 MIN	LEFT	-FL140 +FL070	-230	RNAV5

GLASGOW FOYLE Hold

Designator	Sequence Number	Path Terminator	Waypoint Name	Co-ordinates	Fly-over	Course/Track °M (°T)	Magnetic Variation	Time (MIN)	Turn Direction	Level Constraint	Speed Constraint	Navigation Performance
FOYLE	-	-	FOYLE	560834.13N 0042256.41W	Y	189° (187.5°)	-1.6	1 MIN	LEFT	-FL140 +FL070	-230	RNAV5